# **EVERY DOLLAR MATTERS**

# How can YOU help Sheboygan County RISE?

Each contribution to United Way, no matter how big or small, helps tackle the critical challenges facing our community and improves the lives of all our residents. Here are some examples of the difference your contribution can make:

# Your donation of \$5 can provide:

- 2 children supplemental weekend food, supporting food security issues for families
- 1 birthday book for a child enrolled in a home visitation program
- 1 healthy snack and hour-long program to inspire wholesome food choices for students

# Your donation of \$25 can provide:

- 1-hour of mediation for a youth who is homeless or a runaway
- Peace of mind for family members knowing that their housebound loved one will receive a healthy meal and are checked-in on daily
- 3 meals a day for a family living in transitional housing

# Your donation of \$50 can provide:

- A 10-week grief support program for a child
- A background screening for a trained volunteer mentor during enrollment process
- · A workshop teaching mindful parenting skills

# Your donation of \$100 can provide:

- · A night of safe shelter for a victim of domestic violence/sexual assault
- A Sudden Infant Death Prevention Training for 4 early care and education professionals

### Your donation of \$250 can provide:

- Toys and gifts to make Christmas a little merrier for 5 children
- Case management support to assist a neighbor in need in creating a plan and setting goals that overcome barriers to their well-being
- (2) 1-hour budget and credit counseling sessions, supporting financial stability

#### Your donation of \$500 can provide:

- 30 days of rental assistance for a local family so they do not find themselves facing homelessness
- Helmets and safety equipment for 1 year of equipment assisted therapy programming
- 1-week camp stay for a low-income female youth to develop skills while thriving in a safe social/educational setting in the great outdoors

### Your donation of \$1,000 can provide:

- 5 days of food, shelter and support for a family of 4 who have just experienced a disaster
- Mental health support and resources from a trained Child Advocate for 2 families, whose child(ren) undergo a forensic interview as suspected victims of sexual assault



